### **CURRENT POSITIONS**

**2013 – current:** Associate Professor, Department of Psychiatry

Secondary Appointment, Department of Neurosurgery

Vice Chair for Clinical Affairs and Strategy

Chief, CU Medicine Psychiatry Community Practices Medical Director, OCD Program and Co-Director OCD

Surgical Program

Service Director, Psychiatric Neuromodulation

School of Medicine

University of Colorado Denver Anschutz Medical Campus

Address 1890 N. Revere Ct, Ste. 5066

Aurora, Colorado 80045

**Phone** (303) 724-8244

**Fax** (303) 724-8859

Email Rachel.Davis@CUAnschutz.edu (primary email)

**2009 – current:** Denver Health Medical Center

Attending, Psychiatric Emergency Services 777 Bannock Street, Denver, CO 80204

Address 777 Bannock Street

Denver, CO 80204

**Phone** (303) 602-7221

**Fax** (303) 602-6931

Email Rachel.Davis@dhha.org

**<u>CITIZENSHIP:</u>** United States

### **EDUCATION**

1997 - 2000 BA University of Colorado Boulder

Molecular, Cellular and Developmental Biology

Minor in Biochemistry

With distinction Boulder, Colorado

2000 – 2005 MD University of Colorado Health Sciences Center

Denver, Colorado

### **POST-GRADUATE TRAINING**

2005 - 2008 General Adult Psychiatry Residency

University of Colorado School of Medicine

Aurora, CO

2008 – 2009 Chief Resident

Department of Psychiatry

Aurora, CO

### ACADEMIC APPOINTMENTS

2009 – 2013 Clinical Instructor

Department of Psychiatry

University of Colorado School of Medicine

2013 – 2020 Assistant Professor

Department of Psychiatry

University of Colorado School of Medicine

2020 – current Associate Professor

Department of Psychiatry

University of Colorado School of Medicine

### Rachel A. Davis, MD

### **DEPARTMENT OF PSYCHIATRY LEADERSHIP ROLES**

July 2020 - current Vice Chair for Clinical Affairs and

Strategy

**2021 - current** Chief, CU Medicine Psychiatry

**Community Practices** 

August 2013 - current Medical Director, OCD Program

May 2018 - current Service Director, Psychiatric

**Neuromodulation** 

2015 - current Co-Director, OCD Surgical Program

August 2013 – July 2022 Medical Director, Student and Resident

Mental Health

Vice Chancellor for Health Affairs

Director

### **PROFESSIONAL POSITIONS**

**Hospital Privileges:** 

2013 – present University of Colorado Hospital

Aurora, CO

2009 – present Denver Health Medical Center

Denver, CO

2010 – 2011 Highlands Behavioral Health

Littleton, Colorado

**Additional Professional Experience:** 

2009 – 2013 Private Practice of Psychiatry

Denver, CO

2007 – 2009 Psychiatrist Resident Moonlighter

Psychiatric Emergency Service Denver Health Medical Center

Denver, CO

### Rachel A. Davis, MD

### **HONORS, AWARDS, AND SPECIAL RECOGNITION**

### <u>Undergraduate – University of Colorado Boulder</u>

1997 – 2000 Dean's Honor List

May 2000 Chancellor's Recognition Award (one of 3 students graduating

with a 4.0 GPA)

2000 Golden Key Honor Society

2000 Phi Beta Kappa Honor Society

1997 – 2000 Coca-Cola Scholarship (academic scholarship)

1997 – 2000 Toyota Scholarship (academic scholarship)

### <u>Medical School - University of Colorado School of Medicine</u>

AOA Honor Society (Junior)

2005 Ravin Family Award (academic scholarship)

### Psychiatry Residency – University of Colorado School of Medicine

2005 – 2008 Psychiatric Resident in Training Exam (PRITE) Outstanding

Performance Award (4 years)

2006 Arnold P. Gold Humanism and Excellence in Teaching Award

2007 - 2009 Resident Representative to the American Psychiatric Association

**Ethics Committee** 

2008 – 2009 Chief Resident in Psychiatry

Denver Health Medical Center

Denver, CO 80262

### Faculty – University of Colorado Anschutz Medical Campus

**2015 – 2016** CCTSI Co-Mentor Program

May 2017 Institute for Healthcare Quality, Safety, and Efficiency Seminar

**2017 - 2018** Women's Leadership Training (WLT)

# Rachel A. Davis, MD

2019	American Psychiatric Association Distinguished Fellow
2019	Nominated for CU Anschutz School of Medicine Faculty Professionalism Award
2021	Nominated for UCH Medical Staff Extraordinary Service Award
2021	Nominated for School of Medicine Department of Psychiatry Professionalism Award
2022	Nominated for School of Medicine Department of Psychiatry Professionalism Award
2022	Invited to speak at CU Anschutz Transforming Healthcare Lecture Series
2023	2022 University of Colorado Hospital Medical Staff Extraordinary Service Award
2023	Inaugural Distinguished Clinician Award University of Colorado School of Medicine

### PROFESSIONAL ORGANIZATIONS AND SOCIETIES

2001 – 2005	American Medical Student Association		
2001 – 2006	Colorado Medi	cal Society	
2004 – current	Alpha Omega Alpha Honor Society		
2005 – current	Colorado Psychiatric Society		
	2006 - 2009	Resident Representative	
	2009 - 2010	Early Career Psychiatrist	
	<b>2010 – 2011</b> Junior Trustee		
	<b>2011 – 2012</b> Senior Trustee		
	<b>2012 – 2015</b> Secretary		
	<b>2016 – 2017</b> President-Elect		
	<b>2017 – 2018</b> President		
	2018 - 2019	Past-President	
2005 – current	American Psyc	hiatric Society	
	2007 - 2009	Committee of Resident and Fellows (CORF)	
	Area 7 Representative		
	2007 – 2009	Ethics Committee	

Resident Representative

**2015 – 2019** Fellow

**2019-current** Distinguished Fellow

**2006** American Medical Association

**2006 – current** Gold Humanism Honor Society

2008 – 2009 Society for the Study of Culture in Psychiatry

**2013 – current** International OCD Foundation

**2021 – current** IOCDF Training Institute Faculty

2014 – 2015 American College Health Association

2018 - 2019

**2015 – current** American Association for Emergency Psychiatry

2015 – current CU School of Medicine Center for NeuroScience

**2016 – current** American Society for Stereotactic and Functional Neurosurgery

**2018 - current** Tourette Association of America

### COMMITTEE APPOINTMENTS AND SERVICE RESPONSIBILITES

National:

**2007 – 2009 Ethics Committee** 

Resident Representative

American Psychiatric Association

2007 – 2009 Committee of Resident and Fellows (CORF)

Area 7 Representative

American Psychiatric Association

April 2019 BrainsWay Advisory Board Member

Chicago, IL

Winter 2020 Transcranial Magnetic Stimulation (TMS) Working Group

Member

International OCD Foundation

# Rachel A. Davis, MD

Fall 2021 Multi-jurisdictional Contractor Advisory Committee (CAC) –

TMS for OCD

Subject Matter Expert Panelist

WPS Government Health Administrators

### State:

Colorado Psychiatric Society Committees (Denver, CO)

2007 – 2018	Ethics Committee Member
2016 – 2019	Legislative Committee Member
2017 – 2018	Executive Committee President
2017 – current	Program Committee Member
2018 – 2019	Executive Committee Immediate Past President
2018 – 2020	Ethics Committee Co-Chair
2018 – current	Mental Health Parity Workgroup Member
2019	Medicare/Medicaid Psychiatrist Workgroup Member
2020 – current	Ethics Committee Chair
2022 – current	CMS Colorado Contractor Advisory Committee (CAC) Member

(Please also see Professional Memberships section for additional roles.)

# Rachel A. Davis, MD

# <u>Departmental (Department of Psychiatry, University of Colorado School of Medicine, UCHealth):</u>

2005 – 2009	Resident Selection Committee Member Aurora, CO
2012 – 2013	Clinical Competency Committee Member Aurora, CO
2015 – current	Psych Scholars Faculty Aurora, CO
2017 – 2018	CU Medicine Cost Center Chair Aurora,CO
2019 – current	CU Medicine Incentive Committee Member Aurora, CO
2020 – current	Call Committee Co-chair Aurora, CO
2020 – 2021	Quality Committee Member Aurora, CO
2020 – 2021	UCHealth Outpatient Psychiatry Clinic Steering Committee Member Aurora, CO
2021 – current	Department of Psychiatry Clinical Strategic Planning Committee Chair Aurora, CO
2021 – current	Neuromodulation and Advanced Therapeutics BH-COGG Sub-committee Co-chair
2021 – current	<b>Department of Psychiatry Professionalism Committee</b> Member

### Rachel A. Davis, MD

### **School of Medicine (University of Colorado Anschutz Medical Campus):**

2016 – 2017 Engagement in LCME reaccreditation site visit and compliance

initiatives Aurora, CO

### **University (University of Colorado Anschutz Medical Campus):**

2016 – 2018 National Mental Health Innovation Center, CU System

**Student Mental Health Subcommittee** 

Aurora, CO

2017 - 2018 Diversity and Equity Module: Content Subcommittee

Member Aurora, CO

2017 – 2019 Healthy Campus Steering Committee

Member Aurora, CO

2018 – 2019 Medical Leave of Absence Return from Leave Policy

Committee

Chair

Aurora, CO

2018 – current Advocates for Mental Health

Faculty Advisor Aurora, CO

2018 – 2019 Chancellor's Student Mental Health Task Force

Member Aurora, CO

2019 – 2021 President Kennedy's CU System Strategic Planning Task Force

Co-chair, CU Anschutz Mental Health and Wellness

Aurora, CO

2019 – current Anschutz Foundation/Gazette Charities Mental Health

Consortium Member Aurora, CO

Rachel A. Davis, MD

2019 – current Anschutz Health and Wellness Advisory Board

Member Aurora, CO

2020 – 2021 CU Anschutz Strategic Planning

Patient care working group member

Aurora, CO

**National** 

2021 – present International OCD Foundation Training Institute

Faculty

Virtual consultation groups

2022 – present Society for Stereotactic and Functional Neurosurgery

**Psychiatric Neurosurgery subcommittee** 

Presenter and member

LICENSURE AND BOARD CERTIFICATION

2007 Colorado Board of Medical Examiners (current: 5/1/21 - 4/30/23)

**2008** Drug Enforcement Agency (current: 5/24/17 – 6/30/22)

DEA-X (Suboxone Waiver) (current: 5/24/17 – 6/30/22)

**2010 - 2030** American Board of Psychiatry and Neurology (P)

#### **REVIEW AND REFEREE WORK**

- Ad hoc reviewer for *The American Journal of Psychiatry*, May 2007
- Ad hoc reviewer for *The American Journal of Psychiatry*, October 2014
- Ad hoc reviewer for the *Journal of Neurology*, *Neurosurgery*, *and Psychiatry*, February 2017
- Ad hoc reviewer for Frontiers in Psychiatry (2022 current)
- Ad hoc reviewer for *Translational Psychiatry* (2022 current)
- Grant reviewer for ZonMW Onderzoeksprogramma GGZ (Mental Health Research Program), Netherlands (August 2022)

### **CONSULTING**

May 2019 **BrainsWay Deep TMS** 

Advisory board member

2019 – current **Medtronic** 

Ad hoc paid consulting

### Rachel A. Davis, MD

### **PRESENTATIONS**

(\* = invited lectures)

**Local:** 

**Mar 2008** Trauma and Recovery in a War-Traumatized Refugee – A Case

Presentation

**Davis R,** Savin D, Kendal J Psychiatric Grand Rounds Department of Psychiatry

University of Colorado School of Medicine

Aurora, Colorado

**Sept 2014** Behavioral Effects of STN DBS in Parkinson's Disease: Case

Report

Sharp C, Heru A, Davis R, Epstein C

Psychiatric Grand Rounds Department of Psychiatry

University of Colorado School of Medicine

Aurora, CO

May 2015 Obsessive Compulsive Disorder in Students: An Experiential

**Grand Rounds** 

Davis R, Guillemet I, Evans J, Metelits B

Psychiatric Grand Rounds Department of Psychiatry

University of Colorado School of Medicine

Aurora, CO

**Jun 2015\*** 25 Years of DBS: New Technologies, New Indications, New

Perspectives

Klepitskaya O, Davis R, Ojemann S

Neurology Grand Rounds Department of Neurology

University of Colorado School of Medicine

Aurora, CO

Oct 2015\* Deep Brain Stimulation for Obsessive-Compulsive Disorder

**Davis R**, Thompson J Medical Staff Meeting

Mental Health Center of Denver

Denver, CO

### Rachel A. Davis, MD

Oct 2015\* Treatment Options for Obsessive Compulsive Disorder: From

Eating an M&M off a Toilet Seat to Deep Brain Stimulation

Davis R

The Movement Disorders Center Conference Series

Department of Neurology

University of Colorado School of Medicine

Aurora, CO

**Feb 2016** ADHD or Not: Diagnostic Dilemmas in a Graduate Student

Rosenthal R, Libbon R, Waggoner E, Davis R

Psychiatric Grand Rounds Department of Psychiatry

University of Colorado School of Medicine

Aurora, CO

Nov 2016\* Wellness in Medical School

Davis R, Waggoner E, Lipman M

MD/PhD lunch talk

University of Colorado School of Medicine

Aurora, CO

May 2017 One-Minute Student Mental Health Access Initiative

**Davis R** (presenting for Williams S)

Psychiatric Grand Rounds, poster session winners

Department of Psychiatry

University of Colorado School of Medicine

Aurora, CO

**Aug 2017\*** *Obsessive-Compulsive Disorder* 

Davis R

Medical Staff Education Eating Recovery Center

Denver, CO

Oct 2017 Deep Brain Stimulation for Obsessive-Compulsive Disorder

Davis R, Abosch A, Winston H, Broker A

Psychiatric Grand Rounds Department of Psychiatry

University of Colorado School of Medicine

Aurora, CO

### Rachel A. Davis, MD

Nov 2017\* Mindfulness Meditation

**Davis R**, Heiman N MD/PhD Lunch talk

University of Colorado School of Medicine

Aurora, CO

Oct 2018 Deep Brain Stimulation for Schizophrenia

**Davis R,** Olincy A, Gault J Psychiatric Grand Rounds Department of Psychiatry

University of Colorado School of Medicine

Aurora, CO

**August 2019** *CPT Coding Overview* 

Davis R

Departmental Training Department of Psychiatry

University of Colorado School of Medicine

Aurora, CO

**August 2019** *CPT Coding Overview – E/M Coding* 

Davis R

Departmental Training
Department of Psychiatry

University of Colorado School of Medicine

Aurora, CO

**February 2020** Rituals Like a Bulletproof Vest: Examining Comorbid OCD

and PTSD

**Davis R,** Demko Z, Downey S Psychiatric Grand Rounds Department of Psychiatry

University of Colorado School of Medicine

Aurora, CO

October 2020\* Deep Brain Stimulation for Treatment-Refractory Severe OCD

Davis R

The Movement Disorders Center Conference Series

Department of Neurology

University of Colorado School of Medicine

Aurora, CO

### Rachel A. Davis, MD

October 2020 Lessons learned from COVID and the transition to

telepsychiatry in the DOP: The Great Migration Home"

**Davis R,** Rothberg B, Brown D Psychiatric Grand Rounds Department of Psychiatry

University of Colorado School of Medicine

Aurora, CO

**December 2020\*** *Medical Student Wellness During COVID-19* 

**Davis R**, Hemendinger E PsychSIGNS Interest Group

University of Colorado School of Medicine

Aurora, CO

**December 2020** 2021 Evaluation and Management CPT Coding Updates

Davis R

Departmental Training
Department of Psychiatry

University of Colorado School of Medicine

Aurora, CO

**February 2021** How to address the growing burnout epidemic during the

COVID pandemic

Moss M, Wolfe J, Rachel D

Graduate Medical Education Council University of Colorado School of Medicine

Aurora, CO

**December 2021** *CU GME Accessing Mental Health Treatment* 

Davis R

Graduate Medical Education Council University of Colorado School of Medicine

Aurora, CO

**January 2022** Ethical Considerations in Deep Brain Stimulation for

Psychiatric Illness

Davis R, Gault J, Lehto S, Saks E

Psychiatric Grand Rounds Department of Psychiatry

University of Colorado School of Medicine

Aurora, CO

Rachel A. Davis, MD

**August 2022\*** Exposure and Response Prevention for OCD (2-day training)

Davis R, Hemendinger E, Lehto S, Benedict K, Norouzinia A

CU Denver and Metro State University

Denver, CO (virtual)

**November 2022\*** New Frontiers in Mental Health Treatment: Deep Brain

Stimulation for OCD

**Davis R** with Shore J, Epperson N, Novick A, Patel M, and

Sakai J

Transforming Healthcare Lecture Series

University of Colorado Anschutz Medical Campus

Aurora, CO

**December 2022** CPT Coding in Emergency Psychiatry

**Davis R** 

CU Anschutz Department of Psychiatry CDU2 faculty

Aurora, CO

Regional:

**Dec 2012** *CPT Coding Changes* 

Davis R

Physician and Medical Personnel Training Conference

Colorado Psychiatric Society

Englewood, Colorado

Jan 2012\* CPT Coding Changes

Davis R

Colorado Psychoanalytic Society

Aurora, Colorado

**April 2017\*** Deep Brain Stimulation for Treatment-Refractory, Severe OCD

Davis R

OCD Greater Denver (local chapter of the International OCD

Foundation) Denver, CO

**February 2021\*** Exposure and Response Prevention for OCD (3-day training)

Davis R, Hemendinger E, Lehto S, Cypers S

Mental Health Partners Broomfield

Broomfield, CO (virtual)

**April 2022\*** *Innovative Treatments in Psychiatry* 

Davis R, Patel M, Sakai J, MacPhee E

Colorado Psychiatric Society Spring Dinner Meeting

### Rachel A. Davis, MD

Denver, CO

**May 2022** Exposure and Response Prevention for OCD (2-day training)

**Davis R**, Hemendinger E, Lehto S Continuing Education Program

March 2023\* Family Accommodations in OCD

Hemendinger E, Lehto S, Davis R.

**OCD** Greater Denver

**National:** 

**Jun 2008** I Took That Broken Heart and Put Some Flowers Around It:

Recovery in a War-Traumatized Afghani Woman – a Case

Presentation

Davis R, Savin D, Kendal J

**Spring Conference** 

Society for the Study of Culture in Psychiatry

San Francisco, California

**Jul 2016\*** Self-disclosure in the Training and Work Environment

Panel member

Facilitators: Nathaniel VanKirk, PhD and Shala Nicely, LPC

International OCD Foundation Conference

Chicago, IL

Jul 2017 Job Sharing with OCD: Managing OCD in the Work

Environment

Rachel Davis, MD; Nathaniel Van Kirk, PhD; Shala Nicely,

LPC; James Snyder

International OCD Foundation Conference

San Francisco, CA

**Jul 2017** Navigating College with OCD: How to Find Success

Rachel Davis, MD; Courtney de Blieck, PsyD; Sarah Chorley,

MA; Noah Symmes-Dezso

International OCD Foundation Conference

San Francisco, CA

**July 2018** *Managing College with OCD: How to Survive and Thrive* 

Rachel Davis, MD; Sarah Chorley, MA; Noah Symmes-Dezso

International OCD Foundation Conference

Washington D.C.

Rachel A. Davis, MD

**April 2019\*** Deep Brain Stimulation for Treatment-Refractory OCD

Rachel Davis, MD

Alabama Psychiatric Physicians Association

Miramar Beach, FL

**July 2019** College Confidential - OCD Edition: Diverse Perspectives on

Transitioning to College with OCD

Tori Green, Cassie Marzke,

Ron Marzke, PhD, **Rachel Davis, MD**International OCD Foundation Conference

Austin, TX

**April 2022\*** A Creative and Fearful Mind: Navigating Life and Medicine as

a Doctor with OCD

Davis R

Federation of State Physician Health Programs Conference

Opening Talk New Orleans, LA

**April 2022\*** *OCD & Anxiety in the Schools* 

Scott Cypers, PhD, Rachel Davis, MD, Brittany Jordan-

Arthur, PhD, Abigail Stark, PhD

International OCD Foundation Southern California Conference

Virtual

June 2022\* Access to Care

Rachel A. Davis, MD

Psychiatric Neurosurgery Pre-meeting

American Society for Stereotactic and Functional

**Neurosurgery Conference** 

Atlanta, GA

**July 2022** How to be a Parent When Your Adult Child has OCD

Emily Hemendinger, LCSW; Stephanie Lehto, PsyD; Rachel

A. Davis, MD

International OCD Foundation Conference

Denver, CO

**November 2022** Let's talk about sex, baby! And the importance of including

sexuality in the assessment and treatment of OCD

Hemendinger E and **Davis R**International OCD Foundation

Online Conference

Rachel A. Davis, MD

**November 2022** *Comorbid OCD-Psychosis* 

Hemendinger E, West M, Grant J, Davis R

International OCD Foundation

Online Conference

International:
October 2022\*

Deep Brain Stimulation for OCD Workshop - Access to Care

and Ethics

Rachel A. Davis MD presenting with Wayne K. Goodman, MD, Eric Storch, PhD, Carolyn Rodriguez, MD, PhD, Sameer Sheth, MD, PhD, Martijn Figee, MD, Aron Tendler, MD, Wael

Asaad MD, PhD, and Darin Dougherty, MD

Baylor College of Medicine and Virtual (attendees from 14

countries) Houston, TX

### **TEACHING RECORD**

### **Didactic courses and lectures:**

### **Psychiatry Residents**

Lecturer PGY-4 Entering Private Practice

2012, 1 hour

Course Director and PGY-1 Journal Club

Lecturer 2012 – 2016 4 hours each year

Course Director and PGY-4 Student Mental Health

Lecturer

Winter 2015, 6 hours Winter 2016, 5 hours

Winter 2017, 5 hours

Winter 2017, 5 nours Winter 2018, 5 hours

Winter 2020, 5 hours

Winter 2021, 5 hours

Spring 2022, 5 hours

Course Director PGY-1 Physician Response to Patient Suicide

Curriculum Development and Suicide Risk Assessment

Jan 2015, 2 hours April 2015, 2 hours Jan 2016, 2 hours May 2016, 2 hours <u>Course website:</u> <u>www.suicideresponse.com</u>

# Rachel A. Davis, MD

June 2016, 4 hours June 2017, 4 hours June 2018, 4 hours June 2019, 4 hours June 2020, 4 hours August 2021, 2 hours August 2022, 2 hours		Physician Response to Patient Suicide
Novel Lecture April 2016, 1 hr October 2016, 1 hr	PGY-2	Deep Brain Stimulation for Psychiatric Disorders
Course Director and Lecturer Course development Dec 2015, 3 hrs Aug 2016-Oct 2016, 7 hrs Sept 2017-Oct 2017, 7 hrs Oct 2018-Nov 2018, 7 hrs Oct 2019-Nov 2019, 7 hrs Sept 2020-Oct 2020, 7 hrs 2021, 7 hrs Mar 2022-Jun 2022, 7 hrs Spring 2023, 7 hours	PGY-3, PGY-4, PGY-3, PGY-3, PGY-3, PGY-3, PGY-3, PGY-3,	Exposure and Response Prevention for OCD Course website: www.erp4ocd.com
Lecturer May 2018 (1 hr) Nov 2018 (2 hrs) July 2020 (2 hrs) August 2021 (2 hrs) Summer 2022 (2 hrs)	PGY-2	Obsessive-Compulsive Disorder: Diagnosis, Neurobiology, Psychotherapy, and Psychopharmacology
Course Director Course Development Nov 2018-Jan 2019 (5hrs) Jan 2020-Feb 2020 (5 hrs) Mar 2021 – Apr 2021 (8 hrs) Winter and Spring 2022 (8 hrs) Winter and Spring 2023 (8 hrs)	PGY-4	Neuromodulation in Psychiatry

### Rachel A. Davis, MD

Course Director PGY-2 Ethics in Psychiatry

**Course Development** 

Lecturer

Spring 2021 (6 hrs) Spring 2022 (6 hrs) Spring 2023 (6 hrs)

LecturerPAAssessment, Treatment, andSpring 2021 (2 hrs)StudentsNeurophysiology of Obsessive-

**Compulsive Disorder** 

### **Health Professional Students**

Course development and Lecturer with Peer C Rothberg B (Course Director) and

**Guillemet I** 

Fall 2014 (10 hours) Fall 2015 (10 hours) Spring 2016 (10 hours) **Peer Counseling Group Training** 

Psychiatric Nurse Practitioner Students

Novel Lecture Obsessive-Compulsive Disorder:

Nov 2016 (2 hours) **Diagnosis, Neurobiology, Psychotherapy,** 

Oct 2017 (2 hours) and Psychopharmacology

Oct 2018 (2 hours)

**Phoenix Center Crisis Line Volunteers** 

Lecturer Suicide Risk Assessment

June 2018 (1 hr)

**Physician Assistant Students** Obsessive-Compulsive Disorder:

May 2021 (1 hr) **Diagnosis, Neurobiology, Psychotherapy,** 

and Psychopharmacology

### **Clinical Supervision and Bedside Teaching**

**Faculty:** 

2015 – 2016 (1 hr per week) Isabelle Guillemet, MD

2015 – 2016 (1 hr per week) Elizabeth Waggoner, PMHNP

Collaborative Practice Agreement and supervision for prescriptive authority

2015 – 2016 (1 hr per week) Leslie Geer, LCSW

2015 – 2022 (1 hour per month) Robert Rosenthal, PsyD

2016 – current (1 hr per week) Juan DeJesus, MD

2017 – 2018 (1 hr every other week) Leslie Geer, LCSW, Lori-Ann Landry

# Rachel A. Davis, MD

Ko Niitsu, PhD, APN, PMHNP Collaborative Practice Agreement Julie Wolfe, MD (SRMH) Ashley Perl, LCSW (SRMH)
CU Medicine Psychiatry Community Practice Clinicians
Emily Hemendinger, LCSW (Clinical Director, OCD program)
Matthew Pesko, MD (SRMH)
Amanda Doria, LPC (SRMH)
Danielle Sukenik, LMFT (SRMH)
David Brown, MD (SRMH)
Stephanie Lehto,PsyD (OCD therapist)
Stephanie Lehto, PsyD (OCD therapist and Clinical Director, SRMH)
Megan Dery, MD (OCD Program and primary mentor)
Rachel Winkler, LPC (SRMH)
Laura Hockman, PsyD (SRMH)
Abigail Norouzinia, PhD (OCD Program)
Anna Korbel, MSW, LSW (OCD Program)
Travis Neace, MSW student (OCD Program
Kasey Benedict, LCSW (OCD Program)
Josh Evans, MD (OCD Program)

# Rachel A. Davis, MD

Apprenticeship Cases (Exposure and Response Prevention for OCD):			
2015	Josh	Evans, PGY-3, 1 hour every other	
	week		
2015 - 2016		Evans, PGY-4, 1 hour per week	
2016 – 2017		Ali, PGY-3, 1 hour per week	
2016 - 2017		Kristoff, PGY-4, 1 hour every other	
2016 2017	week		
2016 – 2017 2016 – 2017		Wolfe, PGY-3, 1 hour per week	
2016 – 2017 2017 – 2018		Gordon, PGY-3, 1 hour per week a Cook, PGY-3, 1 hour per week	
2017 – 2018 2018 – 2019		d A Brown, PGY-3, 1 hour every	
2010 – 2017		week	
7/18 – 12/18		Zik, PGY-3, 1 hour per week	
7/18 - 6/19		sa Broker, PGY-3, 1 hour per week	
1/19 – 6/19	•	e House, PGY-3, 1 hour per week	
1/19 - 6/19	•	d A. Brown, 1 hour per week	
7/19 - 6/20	Roni	Ronil Shah, PGY-3, 1 hour per week	
7/19 - 6/20	Zach	Zachary Demko, PGY-3, 1 hour per week	
7/19 - 6/20	John	John Whittier, PGY-3, 1 hour every other	
	week		
Medical Students:			
2005 – 2006 (40+ hrs/wk)	MS-3	Inpatient Psychiatry Residency	
2006 – 2007 (40+ hrs/wk)	MS-3	Consultation-Liaison Psychiatry, Denver Health	
2009 – 2013 (10 hrs/wk)	MS-3	Attending, Psychiatric Emergency Service	
<b>Psychiatry Residents:</b>			
2008 – 2009 (40+ hrs/wk)	PGY-1	Inpatient psychiatry supervision	
2009 – 2013 (24hrs/wk)	PGY-1	Night Float rotation supervision	
2008 – 2009	PGY-2	Inpatient psychiatry supervision	
2010 – 2011 (24 hrs/wk)	PGY-2	Night Float rotation supervision	
2009 – Current (12 hrs/mo)	PGY-3	Attending, Psychiatric Emergency Service	
2013 – 2018 (2 hrs/mo)	PGY-3 and 4	Student Mental Health supervision	

2014 – Current (2-3 weeks/yr)	PGY-4	On-call supervision	
7/18 – 7/19 (4 hours/wk)	PGY-4	Sayeed Manick – Student Mental Health Elective	
1/20 – 6/20 (4 hrs/wk)	PGY-4	David Brown – Student Mental Health Elective	
1/21 – 7/21 (4 hrs/wk)	PGY-4	Mark Katz – Student Mental Health Elective	
8/21 – 12/21 (4 hours/wk)	PGY-3	Sirish Veligati – Student Mental Health Elective	
3/22 – 6/22 (4 hours/wk)	PGY-4	Caroline Sanderson – Student Mental Health Elective	
2/22 – 6/22 (4 hours/wk)	PGY-4	Stephen Downey – OCD Clinic Elective	
Physician Assistant Students			
2011 – 2013 (0-24 hrs/wk)		Clinical Instruction, Emergency Psychiatry Denver Health Medical Center	
Paramedic Students			
2009 – 2013 (0-24hrs/wk) 2012 - current (0-12hrs/mo)		Clinical Instruction, Emergency Psychiatry Denver Health Medical Center	
Psychology Interns			
2009 – 2013 (0-24 hrs/wk)		Clinical Instruction, Emergency Psychiatry Denver Health Medical Center	
Clinicians Treating OCD (Nation International)	nal and		
3/22 – 5/22 (every other week) 6 sessions		IOCDF Training Institute Consultation Group	

### Rachel A. Davis, MD

# Mental Health Partners Broomfield Clinicians and Prescribers

9/21 – 2/22 (every other week) Group Supervision re: treatment of OCD

9/22 – present (every other week) and Anxiety

### **Mentoring:**

2015 - 2018 Sarah Williams, Faculty Mentor
MSII, OSR -COMIRB 17-616

representative Medical Student Outreach Survey and Manuscript

Published

-Poster presented at Department of Psychiatry

Junior Faculty Poster Session and

WGEA/WGSA/WOSR Regional Meeting

2016 - 2017 Jenna Cook and Faculty Mentor

Lucas Salg, Manuscript: Whitmore CA, Cook J, Salg L. Supporting Residents in the Wake of Patient Suicide. *American Journal of Psychiatry* –

Residents' Journal. Published Online at:

https://psychiatryonline.org/doi/10.1176/appi.ajp-

rj.2017.120102

2016 - 2020 Mackenzie Faculty Mentor

Whitesell, MSIV COMIRB 17-2002

Medical Student Mental Health -Stigma reduction campaign

-Student Advocates for Mental Health club

2016 – Juan DeJesus, Primary Faculty Mentor current MD, Instructor

2016 – Noa Heiman, Primary Faculty Mentor

**current** PhD -Publication: **Heiman N**, Davis R, Rothberg B. A deeper understanding of depression and suicidality among medical students. *Medical Teacher*. 2018.

Vol 9: pp 1-3.

-Publication: Davis R, Wolfe J, **Heiman N**. Increasing utilization of student mental health services on a college campus: Eight actionable tips.

 ${\it Journal\ of\ American\ College\ Health.\ 2021.\ Apr}$ 

23:1-5

# Rachel A. Davis, MD

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2018 – 2021	Claire Koljack, MSIII, MSIV	Faculty Mentor -COMIRB 18-0594 Effects of Anti-Stigma Panel -Publication: Koljack C, Whitesell-Garcia M, Davis R. Anti-Stigma Panel: An Initiative to Reduce Mental Health Stigma Experienced by Health Professional Students. Academic Psychiatry. 2020. Epub ahead of printIDPT 8091: MSA Phase IV Preparation faculty mentor -Poster: Koljack C, Mackenzie G, Davis R. Anti-Stigma Panel: A peer-led mental health initiative. Capstone Project. 2021 Mar 2  • Winner of the Adler Scholarship Award
2018 – 2021	Adebiyi Oluwatosin, MSII	PI COMIRB 17-2002 -Medical Student Mental Health Faculty Sponsor -Stress Fest
2018 – current	Julie Wolfe, MD; Assistant Professor	Primary Faculty Mentor -Publication: Davis R, Wolfe J, Heiman N. Increasing utilization of student mental health services on a college campus: Eight actionable tips.  Journal of American College Health. 2021. Apr 23:1-5  -Manuscript submitted to Academic Psychiatry: Wolfe J, Natvig C, Al Bahrani Z, Sakai J, Davis R. Mental Health of Medical Students before Matriculation
2019	Helena Winston, PGY-4	Faculty Research Mentor -Publication: Davis R, Winston H, Gault J, Kern D, Mikulich-Gilbertson J, Abosch A. Deep brain stimulation for OCD in a patient with comorbidities: epilepsy, tics, autism, and major depressive disorder. <i>Journal of Neuropsychiatry and Clinical</i> Neurosciences. Online ahead of print 4 Feb 2021
2019 – 2020	Laura Finger (MA Human Anatomy)	Capstone Advisor Committee Chair Using Diffusion Tensor Imaging to Find Optimal Deep Brain Stimulation Targets for the Treatment of Obsessive-Compulsive Disorder

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-Poster: Finger L, Thompson J, **Davis R.** Using Diffusion Tensor Imaging to Find Optimal Stimulation Targets in Obsessive-Compulsive Disorder Treatment. Front Range Neuroscience Group Meeting. 2019 Dec 11.

-Abstract: Finger L, Thompson J, Davis R. Using diffusion tensor imaging to find optimal stimulation targets in obsessive-compulsive disorder treatment. The FASEB Journal. 2020. Vol 34(S1):

Experimental Biology 2020 Meeting Abstracts.

2019 - 2020Zaid Al Bahrani,

MSI

**COMIRB 17-2002** 

PΙ

Medical Student Mental Health

2021 -Helena Winston, current

MD; Assistant

Professor (Denver

Health)

**Primary Faculty Mentor** 

-Book chapter published in *Encyclopedia of Sleep*: Obsessive-compulsive disorder and sleep. 2023.

2021 current **Emily** Hemendinger,

LCSW; Assistant Professor

**Primary Faculty Mentor** 

Grant submitted to IOCDF 2022 Young

Investigators: OCD and Sexuality (not received)

- Multiple talks accepted and presented at IOCDF conference
- Multiple local and national presentations and media interviews

2021 current Stephanie Lehto, PsyD; Assistant Professor

**Primary Faculty Mentor** 

2021

Grant Submitted to IOCDF Young Investigators: Body Dysmorphic Disorder and Social Media Use (not received)

2022

- **Grand Rounds**
- (3) 2-day Community Exposure and **Response Prevention Trainings**
- (4) talks accepted at International OCD Foundation Conference

2023

(2) talks accepted at International OCD Foundation Online Camp

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2021 - current	Amanda Doria, LPC; Assistant Professor	Primary Faculty Mentor
2021 – current	Elijah Hale, MS1/MS2	Research Mentor Publication: Supporting the future of medicine: Student mental health services in medical school. Front Health Serv. 2023
2022 – current	Fenstermacher, Elizabeth	Primary Faculty Mentor Publications in progress: -TMS for MDD in a patient with hypocalcemia after parathyroidectomy case report -Local field potentials – signature of an obsession in a patient with OCD
2022 – current	Rapp, Kirsten	<b>Primary Faculty Mentor</b>
January 2023 – January 2024	Kailey Sieja Undergraduate Boettcher Scholar	Faculty Mentor (with John A. Thompson) COMIRB 16-1060 Boettcher Foundation Collaboration Grant Identifying Neurophysiological Treatment Biomarkers in Obsessive-Compulsive Disorder

### **GRANT SUPPORT**

2016 \$10,222 Program Director, .01 FTE

Funding Source: Academic Support Advisory Committee

Purpose: To train two trainers to provide Mental Health First Aid

for students on the Anschutz Medical Campus

### **RESEARCH**

Principal Investigator (2019 – current)

Co-Investigator (2014 – 2019 with PI Aviva Abosch, MD, PhD)

COMIRB 14-0554: Reclaim® Deep Brain Stimulation Therapy for OCD

Funding: none

Humanitarian Device Exemption (HDE) to provide deep brain stimulation to patients who are severely disabled by OCD that is refractory to conventional therapy

Faculty Mentor (With PI Sara Williams, MSIII)

COMIRB 17-616: Medical Student Outreach Survey

Sep 2017 – Sep 2018

Funding: none

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To increase access and utilization of Student Mental Health Services by sending out a twice-yearly survey that asks if students would like to be contacted to schedule an appointment with SMH

### Faculty Mentor (With PI Claire Koljack, MSIII)

COMIRB 18-0594: Effect of Anti-Stigma Panel on Students' Mental Health Knowledge, Attitudes, and Intended Behaviors

April 2018 – March 2020

Funding: none

### **Co-investigator** (2023 – current)

Principal Investigator (2018 – 2023)

COMIRB 17-2002: Medical Student Mental Health

March 2018 – ongoing (planned: 10 years)

Funding: \$4000/year from CU Anschutz Department of Psychiatry

Longitudinal prospective study to measure mental health rating scales in medical students at matriculation and at the end of each year to assess changes during medical school

### **Principal Investigator**

RF1 MH121362 - Gault J, **Davis R**, Saks E (mPI): Leveraging ethical dissension among capacity, beneficence, and justice in clinical trials of neurotherapeutics in the severely disabled: lessons from schizophrenia

Funding Agency: NIH 09/17/2019-08/31/2023 Funding: \$1,640,485.00

The main goal of the project is to address ethical concerns raised from both current and historically controversial psychosurgeries that are driving disparities in accessibility to emerging BRAIN Initiative advanced neurotechnology that require a neurosurgical intervention. We will be characterizing capacity to consent, surgical risk, and disease-related burden on quality of life in subjects with treatment-refractory Parkinson's disease undergoing DBS to guide enrollment of treatment-refractory schizophrenia for a DBS clinical trial planned in the future.

#### Site PI

COMIRB 16-1060 - Deep Brain Stimulation: Evaluation of clinical metrics

Tractography and OCD-DBS

2022 - ongoing

Funding: none

With Icahn School of Medicine at Mount Sinai (Site PI: Figee M)

The main goal of this research is to identify volume of tissue activated and corresponding neuronal tracts via MRI tractography data from patients who have undergone DBS for OCD at University of Colorado Anschutz, Massachusetts General Hospital, University of Minnesota, and Mount Sinai.

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### **Key Study Personnel**

COMIRB - Health Rhythms 2021 – ongoing Funding:

#### **Faculty Mentor**

With Thompson J (faculty mentor) and Sieja K (PI)

COMIRB 16-1060

Identifying neurophysiological treatment biomarkers in obsessive-compulsive disorder January 2023 – January 2024

Funding agency: Boettcher Foundation

Funding: \$5000

The primary goal of this project is to use a recently FDA approved deep brain stimulation (DBS) battery (implanted in 2 patients with OCD on our campus), which has the capability to both stimulate the brain and record neural signals from the brain, to identify distinct brain activity patterns that correlate with unique brain states and pathological experiences in patients with OCD.

#### Grants submitted:

mPI (Gault J, Davis R, and Applebaum P)

Gaining perspective from stakeholders concerning deep brain stimulation and high intensity focused ultrasound ablation clinical trials

2023 - 2026

Funding agency: NIMH R01

Funding requested: \$1,891,549 over four years

#### **BIBLIOGRAPHY**

#### **Refereed Journals:**

- **1. Davis R**. Dissonance. The Pharos. Alpha Omega Alpha Honor Medical Society. 2013. Vol 76(3): p. 27.
- **2. Davis R**. Dignity. The Pharos. Alpha Omega Alpha Honor Medical Society. 2013. Vol 76(4): p. 34.
- **3. Davis R,** Epstein C, Klepitskaya O, Sharp C, Ojemann S, Abosch A, Heru A. Disambiguating the Psychiatric Sequelae of Parkinson's Disease, Deep Brain Stimulation, and Life Events: Case Report and Literature Review. *The American Journal of Psychiatry*. 2017. Vol 174(1): pp. 11-15.

Also featured in American Journal of Psychiatry podcast. available from: <a href="http://ajp.psychiatryonline.org/audio">http://ajp.psychiatryonline.org/audio</a> (January 2017)

### Rachel A. Davis, MD

- **4.** Gault JM, **Davis R**, Cascella NG, Saks ER, Corripio-Collado I, Anderson WS, Olincy A, Thompson JA, Pomarol-Clotet E, Sawa A, Daskalakis ZJ, Lipsman N, Abosch A. Approaches to Neuromodulation for Schizophrenia. *J Neurol Neurosurg Psychiatry*. 2018. Vol 89(7): pp 777-787.
- **5.** Williams SA, **Davis R.** One-Minute Wellness: A No-Cost Mental Health Outreach Initiative. *Medical Education*. 2018. Vol 52(5): pp 554-555.
- **6.** Heiman N, **Davis R**, Rothberg B. A deeper understanding of depression and suicidality among medical students. *Medical Teacher*. 2018. Vol 9: pp 1-3.
- **7. Davis R,** Winston H, Gault J, Kern D, Mikulich-Gilbertson J, Abosch A. Deep brain stimulation for OCD in a patient with comorbidities: epilepsy, tics, autism, and major depressive disorder. *Journal of Neuropsychiatry and Clinical Neurosciences*. Online ahead of print 4 Feb 2021.
- **8.** Kahn L, Winston H, Sutton B, Abosch A, Thompson J, **Davis R**. Deep Brain Stimulation for obsessive-compulsive disorder: real world experience post-FDA-humanitarian use device approval. *Frontiers in Psychiatry*. 2021. Vol 12. Article 568932.
- **9. Davis R**, Wolfe J, Heiman N. Increasing utilization of student mental health services on a college campus: Eight actionable tips. *Journal of American College Health*. 2021. Apr 23:1-5. Online ahead of print.
- 10. Davis RA, Giordano J, Hufford DB, Sheth SA, Warnke P, Widge AS, Richardson RM, Rosenow JM, Rossi PJ, Storch EA, Winston H, Zboyan J, Dougherty DD, Foote KD, Goodman WK, McLaughlin NCR, Ojemann S, Rasmussen S, Abosch A, Okun MS. Restriction of Access to Deep Brain Stimulation for Refractory OCD: Failure to Apply the Federal Parity Act. Frontiers in Psychiatry. 2021. Vol 12. Article 706181.
- 11. Judith M Gault PhD, Patrick Hosokawa MS, Daniel Kramer MD, Elyn R Saks JD PhD, Paul S. Appelbaum MD, John A Thompson PhD, Ann Olincy, MD, Nicola Cascella MD, Akira Sawa MD, Wayne Goodman MD, Nidal Moukaddam MD PhD, Sameer A. Sheth MD PhD, William S Anderson MD PhD, MD, and Rachel A. Davis MD. Postsurgical Morbidity and Mortality Favorably Informs Deep Brain Stimulation for New Indications Including Schizophrenia and Schizoaffective Disorder. Front Surg. 2023. Vol 10. Article 958452.
- **12.** Matthew Kennis, Elijah W. Hale, Emily Hemendinger, **Rachel Davis**, Steven G. Ojemann, Laura Strom, Olga Klepitskaya. Suicide in deep brain stimulation for Parkinson's disease: A retrospective case-control study. *J Parkinsons Dis*. 2023 Mar 4. Epub ahead of print.

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**13.** Hale E and **Davis R.** Supporting the future of medicine: Student mental health services in medical school. *Front Health Serv.* 2023. Vol 9(3). Article 1032317.

#### Manuscripts Submitted or Under Review:

**Davis R,** Branagan T, Schneck T, Schold J, Thant T, Kaplan B. Lithium and the living kidney donor: Science or Stigma? Under review at *American Journal of Transplantation*.

Wolfe J, Natvig C, Al Bahrani Z, Sakai J, **Davis R.** Mental Health of Medical Students before Matriculation.

Future directions in psychiatric neurosurgery: proceedings of the 2022 American Society for Stereotactic and Functional Neurosurgery meeting on neuromodulation for psychiatric disorders. Manuscript submitted to *Brain Stimulation*.

### **Reviews in Refereed Journals:**

- **1. Davis R:** (2014, May) [Review of the book *DSM-5 Handbook of Differential Diagnosis*, by Michale B. First]. *The American Journal of Psychiatry*, 171(5), 589-590. doi: 10.1176/appi.ajp.2014.14020213
- **2. Davis R:** (2014, May) [Review of the book *DSM-5 Clinical Cases*, ed. by John W. Barnhill]. *The American Journal of Psychiatry*, 171(5), 586-587. doi: 10.1176/appi.ajp.2014.14020214
- **3. Davis R:** (2018, Oct) [Review of the book *Student Mental Health: A Guide for Psychiatrists, Psychologists, and Leaders Serving in Higher Education,* ed. by Laura W Roberts]. *The American Journal of Psychiatry,* 175(10), 1025-1026. doi: 10.1176/appi.ajp.2018.18060700

### **Book Chapters:**

- 1. Davis R and Weiss-Roberts L: Ethics Conflicts in Rural Communities: Patient Provider Relationships. In: Nelson, Williams (Ed). Handbook for Rural Health Care Ethics: A Practical Guide for Professionals. 2009 pp. 83 107. Hanover, NH. Trustees of Dartmouth College. Available online at: <a href="https://geiselmed.dartmouth.edu/cfm/resources/ethics/">https://geiselmed.dartmouth.edu/cfm/resources/ethics/</a>
- **2.** H.R. Winston and R. Davis. Obsessive-compulsive disorders and sleep. In: Clete A. Kushida, ed. *Encyclopedia of Sleep and Circadian Rhythms (Second Edition)*. Academic Press; 2023: Pages 531-537. ISBN 9780323910941.

### **Abstracts:**

- 1. Finger L, Thompson J, **Davis R.** Using diffusion tensor imaging to find optimal stimulation targets in obsessive-compulsive disorder treatment. *The FASEB Journal*. 2020. Vol 34(S1): Experimental Biology 2020 Meeting Abstracts.
- 2. Epperson, N. Health Rhythms

### **Other Publications:**

- **1. Davis R**: Interview with a Patient with Bipolar Illness. A Piece of Our Mind. *Colorado Psychiatric Society Newsletter*. 2006. Vol 32(4).
- **2. Davis R**: Suicide It's Still the Elephant in the Closet. A Piece of Our Mind. *Colorado Psychiatric Society Newsletter*. 2007. Vol 33(2).
- **3. Davis R**: Everything I Needed to Know I Learned in Kindergarten, Except for the Following. A Piece of Our Mind. *Colorado Psychiatric Society Newsletter*. 2007. Vol 33(3).
- **4. Davis R**: "Chicken Pants" Commentary on Nursing Home and Psychiatric Work. A Piece of Our Mind. *Colorado Psychiatric Society Newsletter*. 2008. Vol 34(1).
- **5. Davis R**: Cytochrome P450 Metabolism of Antidepressants. A Piece of Our Mind. *Colorado Psychiatric Society Newsletter*. 2008. Vol 34(3).
- **6. Davis R**: Residents Need Community to Feel Connected. *Psychiatric News*. 2009. Vol 44(7), 19
- **7. Davis R:** President's Column. *Colorado Psychiatric Society Newsletter*. Summer 2017.
- **8. Davis, R:** President's Column: It's OK to Put on Your own Oxygen Mask First. *Colorado Psychiatric Society Newsletter*. Fall 2017.
- **9. Davis, R:** President's Column: Medical Student Panel. *Colorado Psychiatric Society Newsletter*. Winter 2017.
- **10. Davis, R:** President's Column: Pharmacogenomics in Psychiatry. *Colorado Psychiatric Society Newsletter*. Spring 2018.
- **11. Davis, R:** CO Physician Licensure Question Update: DORA Eliminates Stigmatizing Questions on Professional License Applications. *Colorado Psychiatric Society Newsletter*. Spring 2019.

- **12.** Coons H, Berkowitz S, **Davis R.** Self-care advice for health-care providers during COVID-19: Concrete strategies to help manage stress. *American Psychological Association Service, Inc.* Published online March 26, 2020 at: <a href="https://www.apaservices.org/practice/ce/self-care/health-providers-covid-19">https://www.apaservices.org/practice/ce/self-care/health-providers-covid-19</a>
- 13. Coons H, Hunter W, Berkowitz S, **Davis R**, Rothberg B, Epperson C. Well-being services for health care workers during the COVID pandemic: program highlights from the department of psychiatry. *The Health Psychologist*. Published online August 4, 2020 at: <a href="https://div38healthpsychologist.com/2020/08/04/well-being-services-for-health-care-workers-during-the-covid-19-pandemic-program-highlights-from-the-department-of-psychiatry-university-of-colorado-school-of-medicine/">https://div38healthpsychologist.com/2020/08/04/well-being-services-for-health-care-workers-during-the-covid-19-pandemic-program-highlights-from-the-department-of-psychiatry-university-of-colorado-school-of-medicine/">https://div38healthpsychologist.com/2020/08/04/well-being-services-for-health-care-workers-during-the-covid-19-pandemic-program-highlights-from-the-department-of-psychiatry-university-of-colorado-school-of-medicine/">https://div38healthpsychologist.com/2020/08/04/well-being-services-for-health-care-workers-during-the-covid-19-pandemic-program-highlights-from-the-department-of-psychiatry-university-of-colorado-school-of-medicine/</a>
- **14. Davis R.** A little bit about medication and OCD with Dr. Rachel Davis: Part One. *Intrusive Thoughts: OCD Program Newsletter*. November 2022. Published online at: Nov 2022 Newsletter (cuanschutz.edu).

#### **Letters to the Editor:**

- **1. Davis R:** Is Internet-Based Cognitive Behavior Therapy Effective Treatment for Panic Disorder? [Editorial]. *The American Journal of Psychiatry. Resident's Edition.* December 2006, online.
- Koljack C, Whitesell-Garcia M, Davis R. Anti-Stigma Panel: An Initiative to Reduce Mental Health Stigma Experienced by Health Professional Students. Academic Psychiatry. 2020. Epub ahead of print. doi: 10.1007/s40596-020-01187-z

#### **Posters:**

- 1. Williams S, **Davis R**, *Van Deventer K (presenting)*, Panzer A. One Minute Student Mental Health Access Initiative. Poster presented at: WGEA/WGSA/WOSR Regional Meeting; 2017 Feb 25-28; Salt Lake City, UT.
- 2. Williams S, **Davis R**, *Van Deventer K (presenting)*, Panzer A. One Minute Student Mental Health Access Initiative. Poster presented at: University of Colorado Department of Psychiatry Junior Faculty Poster Session; 2017 Mar 8; Aurora, CO.
- 3. Finger L, Thompson J, **Davis R.** Using Diffusion Tensor Imaging to Find Optimal Stimulation Targets in Obsessive-Compulsive Disorder Treatment. Front Range Neuroscience Group Meeting. 2019 Dec 11.

- 4. Koljack C, Mackenzie G, **Davis R**. Anti-Stigma Panel: A peer-led mental health initiative. Capstone Project. 2021 Mar 2.
- 5. Lehto S., Hemendinger E., Sinsko K., **Davis R**. Learning how to increase learning: A review of what we have learned from teaching zoom only Exposure and Response Prevention. Department of Psychiatry Poster Session. March 2023.
- 6. Panchal Z. Mikulich-Gilbertson S., **Davis R.** Impact of nocturnal deep brain stimulator settings on sleep, mood, anxiety, and OCD symptoms in a patient with OCD. Department of Psychiatry Poster Session. March 2023.
- 7. Tarver M, Fenstermacher E, Gault J, **Davis R.** Deep brain stimulation for treatment-refractory schizophrenia. Department of Psychiatry Poster Session. March 2023.
- 8. Wolfe J, Lehto S, **Davis R**. A study of mental health symptoms in matriculating U.S. Medical Students. Federation of State Physician Health Programs Conference. May 2023.

### **Audio-visual Materials:**

1. **Davis R,** Metelits B, Evans J. Exposure and Response Prevention 2016. DVD. Aurora, CO. Published online at: <a href="https://www.erp4ocd.com/graceland">https://www.erp4ocd.com/graceland</a>

### **Course Websites:**

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- 2. Exposure and Response Prevention for OCD PGY-3 Psychotherapy Scholars: <a href="https://www.erp4ocd.com">www.erp4ocd.com</a>
- 3. Naderi R, Camacho J, Wexler-Walter A, **Davis R**, Tsai S: Improving Wellbeing During CU GME Residency and Fellowship. https://ucdenver.instructure.com/courses/444401

### **Patient Educational Materials**

1. Camprodon J, **Davis R**, Dougherty D, Rodriguez C, Vidrine R. Transcranial Magnetic Stimulation (TMS) for OCD. International OCD Foundation. Published online June 2021 at: https://iocdf.org/tms/

### Media:

- Malia M. When you're worried a friend has an eating disorder, it's time to make some hard calls: here's how to decide if you should say something. *Tonic – Vice Guide to Life*. Published online September 12, 2018 at: <a href="https://tonic.vice.com/en\_us/article/wjy8en/signs-of-eating-disorders-what-to-say-to-a-friend-vgtl">https://tonic.vice.com/en\_us/article/wjy8en/signs-of-eating-disorders-what-to-say-to-a-friend-vgtl</a>
- 2. Firman T. Feel like your anxiety is triggered by your social life and your relationships? You're \*SO\* Not Alone. *Well+Good*. Published online on November 15, 2018 at: <a href="https://www.wellandgood.com/good-advice/anxiety-triggers-relationships/">https://www.wellandgood.com/good-advice/anxiety-triggers-relationships/</a>
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- 17. Sauer R. Living organ donation journey inspires doctor to normalize the experience for others. *CU Anschutz Newsroom*. Department of Surgery. School of Medicine. Published online April 6, 2022 at <u>Living Organ Donation Journey Inspires Doctor to Normalize the Experience for Others (cuanschutz.edu)</u>
  - Featured in CU Anschutz Department of Surgery Top Stories of 2022: <u>CU</u> <u>Department of Surgery Top Stories of 2022 (cuanschutz.edu)</u>
- Abramowitz J, King K, Davis R, Camprodon J. IOCDF Research Roundtable: Neurotherapy for OCD. April 13, 2022. Online at <u>Research Roundtable - YouTube</u>
- 19. Pieters K. OCD ruled Moksha Patel's life until a rare surgical procedure changed everything. *CU Anschutz Newsroom*. CU Anschutz Medical Campus. Published

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- 20. Pieters K, Patel M, **Davis R**. OCD ruled Moksha Patel's life until a rare surgical procedure changed everything. Podcast. CU Anschutz 360. May 3, 2022. <u>Stream episode OCD ruled Moksha Patel's life until a rare surgical procedure changed everything by CU Anschutz 360 podcast | <u>Listen online for free on SoundCloud</u></u>
  - Featured in CU Anschutz Top Stories of 2022: CU Anschutz Top Stories of 2022
- 21. **Davis R** and Patel M. AskScience AMA Series: We're Rachel Davis, MD and Moksha Patel, MD, instructors at the CU School of Medicine. With Rachel's expertise, Moksha decided to undergo deep brain stimulation surgery for OCD. AUA! May 3, 2022. https://www.reddit.com/r/askscience. (6) AskScience AMA Series: We're Rachel Davis, MD, and Moksha Patel, MD, instructors at the CU School of Medicine. With Rachel's expertise, Moksha decided to undergo deep brain stimulation surgery for OCD. AUA!: askscience (reddit.com)
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- 23. **Davis R**. Deep brain stimulation can be life-altering for OCD suffers when other treatment options fall short. *The Conversation*. Published online September 28, 2022 at <a href="https://theconversation.com/deep-brain-stimulation-can-be-life-altering-for-ocd-sufferers-when-other-treatment-options-fall-short-186109">https://theconversation.com/deep-brain-stimulation-can-be-life-altering-for-ocd-sufferers-when-other-treatment-options-fall-short-186109</a>
  - o Selected for *The Conversation's* 2022 Editor's Choice list
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- 25. Merino D, Ware G, O'Shea, Fins J, Patel M, **Davis R.** Treating mental illness with electricity marries old ideas with modern tech and understanding of the brain podcast. *The Conversation*. Published online November 24, 2022 at: <u>Treating mental illness with electricity marries old ideas with modern tech and understanding of the brain podcast (theconversation.com)</u>
- 26. Leschziner G, **Davis R**, Patel M. Phantoms in the Brain: I'm tired of feeling a prisoner to my thoughts Moksha's story. *BBC Radio 4*. Aired December 19, 2022 and published online at: <u>BBC Radio 4 Phantoms in the Brain, 'I'm tired of feeling a prisoner to my thoughts' Moksha's story</u>
- 27. Dukakis A, Patel M, **Davis R.** For those with debilitating OCD, a surgical procedure can help. Colorado Matters. *Colorado Public Radio*. Aired January 19,

2023 and published online at: For those with debilitating OCD, a surgical procedure can help | Colorado Public Radio (cpr.org)

- 28. Warner R, Ortiz L, **Davis R,** Marsh A, Pomfret E. Altruistic donors helping strangers. Colorado Matters. *Colorado Public Radio*. Aired March 8, 2023 and published online at: March 8, 2023: Altruistic donors helping strangers; Coping therapy in Ukraine | Colorado Public Radio (cpr.org)
- 29. Dukakis A, Ortiz L, **Davis R**, Marsh A, Pomfret E. This Colorado woman donated part of her liver to a stranger. Now, she's trying to get others to do it, too. Aired March 12, 2023 and published online at: This Colorado woman donated part of her liver to a stranger. Now, she's trying to get others to do it, too Colorado Public Radio (cpr.org)

### **Expert Witness Testimony and Legal Consulting:**

Date June 2015	Attorney Daniel King	<b>Firm</b> Colorado Public Defender	Expert Witness Testimony Arapahoe County District Court for Colorado
December 2019	Charles Testa	Berg Hill Greenleaf Ruscitti	Consultation regarding OCD and false memories
April 2020	Andrew Ho	Recht Kornfeld, PC	Mitigation video for defendant with OCD
June 2021	Kay Rice	Cooper, Rice & Olson, LLC	Expert review and opinion for criminal case and Colorado Medical Board

### **Volunteer Activities and Community Service:**

Date	Organization	Activity
1997 - current	Bonfils/Vitalant	Platelet donor 60 lifetime platelet donations (9 gallons and 5 pints)
2020 and 2021	UCHealth	Administered COVID

		vaccines at several clinics
January 2022	University of Colorado Health	Non-directed Liver donor
June 2022 – present	American Transplant Foundation	1+1=Life Mentor
September 2022	American Transplant Foundation	Trivia for Life table attendant
2022 – present	www.livingliverdonation.com	<ul> <li>Created and maintain website providing information about living liver donation and share stories of recipients in need of a donor</li> <li>Support recipients in need of a donor</li> </ul>